

April 2018 — Cafeteria Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>Easter Sunday</i>	2	3	4	5	6	7
<p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus Horseradish Roasted Herb Potatoes Shrimp Scampi Rice Pilaf Chicken Rice Soup Taco &amp; Chicken Fajita Bar</p>	<p>Buttermilk Baked Half Chicken Mashed Potatoes / Country Gravy Mixed Veggies Cheese Stuffed Shells Marinara Garlic Bread Garlic Herb Tilapia Rice Pilaf Split Pea &amp; Ham Soup Oriental Bar</p>	<p>Kung-Pao Shrimp &amp; Scallops Vegetarian Kung Pao Oriental Skirt Steak ♥Chicken Teriyaki w Pineapple Veggie Egg Rolls Sweet Sour Sauce Fried Rice / Oriental Veggies Tomato Florentine Soup Hot Dog, Jalapeño Brat Bar</p>	<p>Beef Short Ribs w/ Mushroom &amp; Onions Red Skin Mashed Potatoes Cut Green Beans Ranch Style Chicken Wild Rice / Corn ♥Lemon Herb Trout / Pizza Steak &amp; Veggies Soup Shrimp Cocktail Bar</p>	<p>Chicken Cordon Blue Supreme Sauce Rice Pilaf Fresh Broccoli Masala Pork Chops Mashed Potatoes / Pork Gravy ♥Oven Browned Orange Roughly Italian Sausage Soup Barbeque Bar</p>	<p>♥Salmon w/ Chipotle Cream Sauce Wild Rice New- Organic Blend CA Veggies ♥Italian Pork Tenderloin Mashed Potatoes / Pork Gravy ♥Chicken w/ Mushroom &amp; Balsamic Vinegar Picadillo Soup Italian Pasta Bar</p>	<p>Oriental Baby Back Ribs ♥Chicken Royale Veggie Egg Rolls Sweet Sour Sauce Fried Rice Oriental Veggies Beef Barley Soup Chicken Breast Bar</p>
8	9	10	11	12	13	14
<p>Beef Stroganoff Rotelle Pasta Cut Green Beans ♥Southwestern Style Chicken Wild Rice Pizza Chicken Tortilla Soup Taco &amp; Chicken Fajita Bar</p>	<p>♥Beef Brisket w/ Pearl Onions &amp; Carrots Mashed Potatoes / Beef Gravy Whole Green Beans ♥Lemon Herb Chicken Brown Rice ♥Spicy Cornmeal Cod Chicken Rice Soup Oriental Bar</p>	<p><u>Surf &amp; Turf Special</u> Carved Filet Mignon Au Jus / Horseradish Roasted Herb Potatoes Fresh Asparagus / Jasmine Rice Tempura Shrimp &amp; Dipping Sauce ♥Chicken w/ Olive Oil Ham &amp; Lima Bean Soup Hot Dog, Jalapeño Brat Bar</p>	<p>St Louis Ribs w/ Jalapeño Peach Glaze Au Gratin Potatoes Fresh Broccoli ♥Oven Browned Tilapia New- Quinoa Chicken California Rice Pilaf / Pizza Louisiana Gumbo Shrimp Cocktail Bar</p>	<p>Chicken Enchiladas Tamales w/ Chili Chili Rellenos Spanish Sauce Chicken Taquitos Spanish Rice Maury's Frijoles Mixed Veggies Minestrone Soup Barbeque Bar</p>	<p>♥Salmon &amp; Fettuccine Alfredo Fresh Zucchini Maury's Albondigas ♥Chipotle Pork Tenderloin Mashed Potatoes Pork Gravy ♥Mustard &amp; Thyme Grilled Chicken Clam Chowder Soup</p>	<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes Country Gravy Mixed Veggies ♥Salmon Seattle Wild Rice Mexican Chicken Soup Chicken Breast Bar</p>
15	16	17	18	19	20	21
<p>Spaghetti &amp; Meat Or Marinara Sauce Garlic Bread Italian Veggies Chicken Breast w Marinara &amp; Mozzarella Rice Pilaf Chicken Barley Soup Taco &amp; Chicken Fajita Bar</p>	<p>Carved Pork Roast Mashed Potatoes / Pork Gravy Carrot Slims / Peas ♥Chicken w/ Spinach &amp; Feta Rice Pilaf ♥Oven Browned Sea Bass Pork Barley Soup Oriental Bar</p>	<p><u>The Carving Station</u> Marinated Skirt Steak, Honey Ham, Turkey, Glazed Corned Beef Whole Wheat Ciabatta, Kaiser Rolls Potato Medley, Pickle Spears ♥Chicken w/ Chipotle Adobo Brown Rice / Whole Green Beans Lentil &amp; Kielbasa Stew</p>	<p>♥Salmon Seattle / Jasmine Rice New- Organic California Veggies ♥Chicken Masala w/ Sage &amp; Cremini Mushrooms Sweet &amp; Sour Meatballs w/ Pineapple &amp; Peppers Mac &amp; Cheese / Pizza Chicken Noodle Soup Shrimp Cocktail Bar</p>	<p><u>Surf &amp; Turf Special</u> Rib Eye Steaks w/ Mushroom &amp; Onions Twice Baked Potatoes Fresh Broccoli/ Garden Wild Rice Shrimp Scampi ♥Chicken Veracruz / Corn Beef Barley Soup Barbeque bar</p>	<p>Pasta Neptune- Shrimp, Scallops, Crab, In A Champagne Sauce Fresh Asparagus Dixie Pork Chops Mashed Potatoes Pork Gravy / Peas ♥Oven Browned Garlic Chicken Maury's Posole Italian pasta Bar</p>	<p>Beef Short Ribs w/ Mushroom &amp; Onions Mashed Potatoes / Beef Gravy California Veggies ♥Greek Style Chicken Jasmine Rice Pizza Veggie Chicken Soup Chicken Breast Bar</p>
22	23	24	25	26	27	28
<p>Carved Honey Ham Dijon Sauce Fresh Yams Whole Green Beans ♥Lemon Herb Chicken Wild Rice Chicken Rice Soup Taco &amp; Chicken Fajita Bar</p>	<p>♥Roasted Turkey Mashed Potatoes / Turkey Gravy Bread Dressing California Veggies ♥Vegetarian Linguine Primavera ♥Oven Browned Cod Brown Rice Turkey Rice Soup Oriental Bar</p>	<p>Spaghetti w/ Meat Or Marinara Sauce Garlic Bread Italian Veggies ♥Chicken-A-LA- Artichoke Quinoa / Rice Pilaf Pecan Crusted Tilapia Sausage &amp; Lentil Soup Hot Dog, Jalapeño Brat Bar</p>	<p>3 Piece Honey Stung Fried Chicken Mashed Potatoes / Country Gravy Mixed Veggies Swedish Meatballs Jasmine Rice ♥Trout Almondine Pizza Chicken Tortilla Soup</p>	<p>Carved Tri-Tip Beef Red Skin Mashed Potatoes Beef gravy / Cut Green Beans Eggplant Parmesan Marinara &amp; Garlic Bread ♥Southwestern Style Chicken Breast / Brown Rice Vegetarian Mediterranean Soup Barbeque Bar</p>	<p>♥Salmon w/ Apricot glazed Jasmine Rice Fresh Broccoli Chipotle Short Ribs Mashed Potatoes / Beef Gravy ♥Chicken Picante corn Bacon &amp; Chicken Chowder Italian Pasta Bar</p>	<p>Dixie Baked Half Chicken Mashed Potatoes County Gravy Cut Green Beans Swedish Meat Balls Jasmine Rice Chicken Noodle Soup Chicken Breast Bar</p>
29	30					
<p>Carved Trip Tip Beef Mashed Potatoes Beef Gravy California Veggies Ranch Chicken Garden Wild Rice Beef Barley Soup Taco &amp; Chicken Fajita Bar</p>	<p><u>Surf &amp; Turf Special</u> Carved Prime Rib Au Jus / Horseradish Fingerling Potatoes Fresh Asparagus s/ Rice Pilaf Scallops w/ Shitakes ♥White Zinfandel Chicken Mexican Chicken Soup Oriental Bar</p>		<p>♥♥♥ <b>HEART HEALTHY ENTREES</b></p>	<p><u>Cafeteria Hours</u> <u>Breakfast</u> 6:00am – 10:00am  <u>Lunch &amp; Dinner</u> 11:00 am – 6:30pm  <u>Night Shift</u> – 6:30pm – 1:30am</p>	<p>Look For Our New  Quinoa  Organic California Vegetables</p>	